



I have a stuffy nose

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LOT: EXP:

Help I have a stuffy nose is for stuffy noses. If you want a remedy for day/night, cough/cold, sore throat, plus itchy eye, plus aching toe, look elsewhere.

Drug Facts

Active Ingredient (in each tablet)	Purpose
Phenylephrine HCl...Nasal decongestant 5 mg	

Uses • temporarily relieves nasal congestion due to: • the common cold • hay fever or other upper respiratory

PEEL HERE FOR MORE DRUG FACTS →

DO NOT USE IF SEAL IS BROKEN OR TAMPERED WITH

Drug Facts (continued)

allergies

- helps decongest sinus openings and passages; temporarily relieves sinus congestion and pressure

Warnings

Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI)(certain drugs for depression , psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. →

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Drug Facts (continued)

Ask a doctor before use if you have

- heart disease • high blood pressure • thyroid disease • diabetes • trouble urinating due to an enlarged prostate gland

When using this product

- do not use more than directed

Stop use and ask a doctor if

- you get nervous, dizzy, or sleepless • symptoms do not improve within 7 days or are accompanied by fever →

Drug Facts (continued)

If pregnant or breast feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center immediately.

Directions

- adults and children 12 years of age and over: 2 tablets (10 mg) every 4 hours • do not exceed 12 tablets (60 mg) in 24 hours
- children under 12 years: consult a doctor →

Drug Facts (continued)

Other Information

- store at room temperature 15-30°C (59-86°F) in a dry place
- do not use if blister package is torn
- keep container. They contain important information.

Inactive Ingredients

microcrystalline cellulose, magnesium stearate, silicon dioxide, dicalcium phosphate, starch, stearic acid, croscarmellose sodium

Distributed by Help Remedies,
57 W. 28th St. Fl. 4
New York, NY 10001
www.helpineedhelp.com